# SEA SALT

## LUNCH PREFIX \$34.95

### FIRST COURSE

### **BURRATA SALAD**

ARAGULA, ORANGE, WALNUTS, BEETS, W/ ROASTED SHALLOTS, BALSAMIC VINAIGRETTE (CONTAINS NUTS, DAIRY, CAN BE OMITTED UPON REQUEST)

### **GREEK SALAD**

TOMATOES, CUCUMBERS,ONIONS, PEPPERS, OLIVES, FETA CHEESE W/BALSAMIC EVOO DRESSING (CONTAINS DAIRY, CAN BE OMITTED UPON REQUEST)

ADD CHICKEN \$9 ADD SHRIMP \$14 ADD SALMON \$19 ADD FALAFEL 9

### **MEZZE TRIO**

HUMMUS, BABAGHANOUS, RED PEPPER & WALNUT W/PITA (CONTAINS DAIRY, TREE NUTS, GLUTEN)

### **SPANAKOPITA**

TRADITIONAL GREEK SPINACH & FETA PIE (CONTAINS GLUTEN, DAIRY, SESAME SEEDS)

### GRILLED OCTOPUS SUP \$10

CHAR-GRILLED OCTOPUS, RED PEPPERS, ONIONS, CAPERS OVER PITA&HUMMUS (CONTAINS GLUTEN, CAN BE OMITTED UPON REQUEST)

### CALAMARI

FLASH FRIED, MEDITERRANEAN HERBED CRISPY .CALAMARI RINGS W/BASIL AIOLI (CONTAINS GLUTEN)

### TUNA TARTARE SUP \$10

YELLOWFIN TUNA, SHALLOTS, SOY SAUCE, SHALLOTS, CHIVES OVER AVOCADO MOUSSE (SOY SAUCE AND GLUTEN FREE OPTION AVAILABLE)

### SCALLOPS SUP \$10

3 PIECES JUMBO SCALLOPS OVER SPINACH RISOTTO (CONTAINS SHELLFISH, DAIRY)

### FALAFEL

GLUTEN FREE FALAFEL OVER HUMMUS W/PITA (CONTAINS SESAME SEEDS)

# SECOND COURSE

### CHICKEN & MUSHROOM PASTA

SAUTÉED CHICKEN, MUSHROOMS, BABY SPINACH, PARMESAN W/ALFREDO SAUCE (CONTAINS DAIRY, GLUTEN)

### **GRILLED SALMON SUP \$12**

GRILLED STEAK CUT SALMON W/GRILLED SEASONAL VEGETABLES \$12 SUPPLEMENT (DAIRY FREE, GLUTEN FREE)

### LAMB CHOPS SUP \$14

GRILLED LAMB CHOPS W/FRENCH FRIES (DAIRY FREE, GLUTEN FREE)

### VEGETABLE MOUSSAKA

EGGPLANT, ZUCCHINI, YELLOW SQUASH, POTATOES LAYERED CASSEROLE, BÉCHAMEL ON TOP, MARINARA SAUCE W/MIX GREEN SALAD (CONTAINS DAIRY, GLUTEN)

### CHICKEN SOUVLAKI

GRILLED CHICKEN BREAST PIECES
W/RICE AND MIX GREEN SALAD
(CONTAINS DAIRY(MARINADE),GLUTEN (RICE))

### LAMB KEBAB

HAND CHOPPED LAMB, RED PEPPER, HOT SPICIES W/RICE AND ONION SALAD (CONTAINS DAIRY AND GLUTEN (RICE))

### SEA SALT BURGER

8 OZ SIRLOIN BURGER, CARAMELIZED SILVER ONIONS, PICKLES, TOMATOES, SRIRACHA MAYO W/FRENCH FRIES (CONTAINS DAIRY AND GLUTEN)

#### **BRONZINO**

FILLET BRONZINO W/CAPERS OLIVE OIL & LEMON MIX (MAY CONTAIN FISH BONES)

### **KOFTEDES PLATE**

MINCED BEEF&LAMB, SPICIES, ONION, GARLIC W/RICE AND MIX GREEN SALAD (CONTAINS EGGS, DAIRY AND GLUTEN)



ADD APEROL SPRITZ \$10 ADD LIMONCELLO SPRITZ \$10 ADD GLASS OF WINE \$9

"ALLERGY NOTICE: OUR KITCHEN HANDLES FOODS WITH COMMON ALLERGENS, INCLUDING BUT NOT LIMITED TO, MILK, EGGS, WHEAT, SOY, TREE NUTS, PEANUTS, FISH, AND SHELLFISH. WE MAKE EVERY EFFORT TO MINIMIZE THE RISK OF CROSS-CONTAMINATION, BUT PLEASE BE AWARE THAT OUR DISHES MAY COME INTO CONTACT WITH ALLERGENS. PLEASE INFORM YOUR SERVER OF ANY ALLERGIES OR DIETARY RESTRICTIONS SO WE CAN BEST ACCOMMODATE YOU.